

















VERY HIGH

HIGH

MEDIUM

# LOCAL COVID ALERT LEVEL

# MEDIUM

<b>Social Contact</b>  Rule of six indoors and outdoors, in all settings.	<b>Weddings and Funerals</b>  Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.	<b>Overnight Stays</b>  Overnight stays permitted subject to social contact rules.	<b>Working from home guidance</b>  Work from home where possible.
<b>Shopping and Retail</b>  Open.	<b>Leisure and gyms</b>  Open.	<b>Hospitality</b>  Open with some restrictions including 10pm closing time and table-service only.	<b>Entertainment and tourist attractions</b>  Open, except nightclubs and adult entertainment.
<b>Education</b>  Schools, FE colleges open. Universities must reflect wider restrictions.	<b>Healthcare Services</b>  Open.	<b>Residential Care</b>  Open to external visitors with additional precautions, subject to individual care provider guidance.	<b>Travel and Transport</b>  No travel restrictions within area. Avoid travel into Local COVID Alert Level Very High areas where possible.
<b>Sporting Activity</b>  Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).	<b>Worship</b>  Open, subject to social contact rules.	<b>Childcare</b>  Registered and wraparound childcare open. Supervised activities permitted in private homes. Children's groups permitted.	<b>Youth Clubs and Activities</b>  Permitted.

There are three simple actions we must all do to keep on protecting each other:



**Wash hands**  
keep washing your hands regularly



**Cover face**  
wear a face covering in enclosed spaces



**Make space**  
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:

[gov.uk/coronavirus](https://www.gov.uk/coronavirus)