

Lions Clubs International

MD 105 British Isles & Ireland **We Serve**

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Dear Fellow Lions

Following on from District Convention and our wonderful guest speakers, Laura Cowie of Devon and Cornwall Police who spoke to us about Cyber Crime and Louise Trott of Diabetes UK, I have some links to more info below for you.

Laura: Here are some further sources of information for advice to help keeping safe online as mentioned in the presentation which you may want to share with the rest of the club.

Get Safe Online: <https://www.getsafeonline.org/>

Take Five to Stop Fraud: <https://takefive-stopfraud.org.uk/>

The National Cyber Security Centre: <https://www.ncsc.gov.uk/>

The Metropolitan Police's 'Little Book of Cyber Scams' covers everything I didn't in the presentation: <https://www.met.police.uk/globalassets/downloads/fraud/little-book-of-cyberscams.pdf> it's definitely worth printing off to have at hand for specific guidance.

Laura Cowie – Cyber Protect Officer, Digital Capabilities Unit, Serious and Organised Crime Branch, Devon and Cornwall Police ☎ Internal: 304426 / 01626 326426 **Mobile:** 07710 075732

✉ laura.cowie@devonandcornwall.pnn.police.uk

Louise: Please do share the link to our Know Your Risk pages and assessment area on our website here – <https://www.diabetes.org.uk/Preventing-Type-2-diabetes>

If any clubs would like to get involved or talk to us please ask them to email our new Regional Fundraiser ruth.tandy@diabetes.org.uk

Regards

Ian

Lion Ian Snell
District Governor

