



St Dunstan's

An independent future for blind
ex-Service men and women

Call Freephone
0800 389 7979
www.st-dunstans.org.uk/joinus
admissions@st-dunstans.org.uk

St Dunstan's supports blind veterans

**Losing your sight doesn't mean
losing your independence**



“I’d never heard of St Dunstan’s before they helped me and I didn’t realise then how much they’d change my life.” **Ray Sheriff**

Overcoming the challenges

No one who has served in the Armed Forces should have to battle blindness alone.

Our charity supports visually impaired veterans by helping them to adjust to their sight loss, overcome the challenges of blindness and lead more independent, fulfilling lives.

We do this with the help of the highly-qualified, experienced staff at our Rehabilitation and Training Centres and our network of Regional Welfare Officers across the UK.

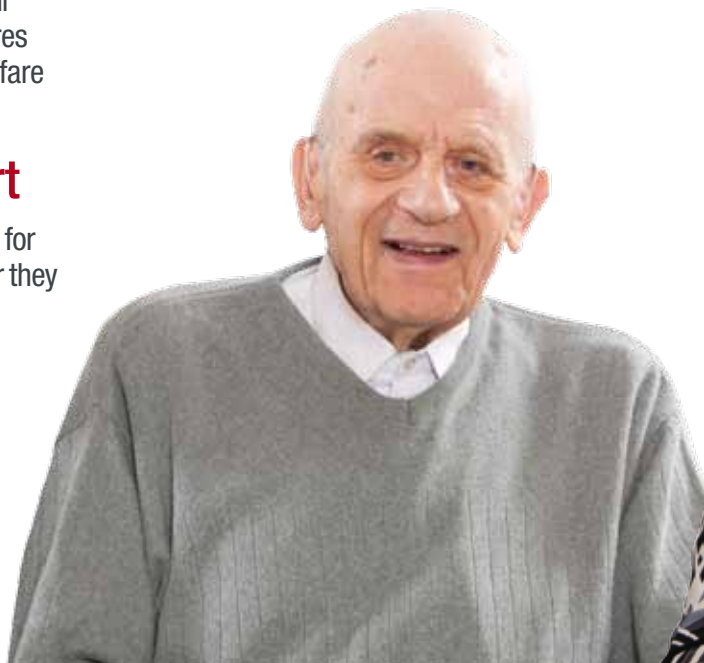
A lifetime of support

St Dunstan’s is here for veterans for as long as they need us, whether they have lost their sight through age, illness, accident or conflict.

Who is eligible?

We will support anyone who fulfills our ophthalmic criteria and has served at any time in the UK Armed Forces, for example:

- The regular Army, Royal Navy or Royal Air Force
- National Service
- Territorial Army with a service number
- During WWII in the Merchant Navy or Polish Forces under British Command.



“St Dunstan’s has helped me
live again – it’s like a big family.”

Maria Pikulski

How we can help

St Dunstan’s provides veterans with the practical, emotional and financial support they need to regain their independence.

We help ex-Service men and women learn new skills and support them, and their families, as they adjust to their loss of sight.

Our services include:

- Rehabilitation and training, with individually tailored courses covering orientation and mobility, independent living skills, communications, recreational activities and computer skills
- Specialist equipment to assist with independent living
- Community support to help veterans to carry on living in their homes and local communities
- Advice and help with pensions and benefits
- Residential facilities for nursing, holidays and respite care
- UK-wide events and social activities
- Regular home visits by qualified Welfare Officers.





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Can we help you or someone you know?

Are you an ex-Service man or woman who could benefit from our services and support? Or do you have a friend or family member who may need our help?

Contact us today and find out how St Dunstan's can help you, or a veteran you know, discover a life beyond blindness.

Call us free on 0800 389 7979

Email us on admissions@st-dunstans.org.uk

Visit our website at www.st-dunstans.org.uk

